

# Wynton's Twelve Ways to Practice: From Music to Schoolwork

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## Seek out Instruction

Find a teacher who is experienced and can help you move forward with purpose and productivity.



## Write out a schedule

Be organized. Make time for what is important to you and will help you meet your goals.



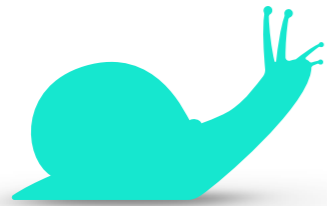
## Set goals

Goals challenge you and give you focus. They can also help you manage your time.



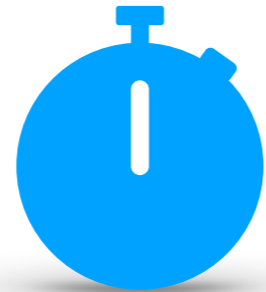
## Concentrate

Pay attention to what is important. Set yourself chunks of time to get things done without distractions.



## Relax and practice slowly

Start slowly and build up speed. It takes time to learn something new. Relax.



## Practice hard things, longer

Spend more time doing the things that are really hard for you. Plan for this in your schedule.



## Practice with expression

Express your style through what you are doing. Do everything with an attitude that reflects who you are.



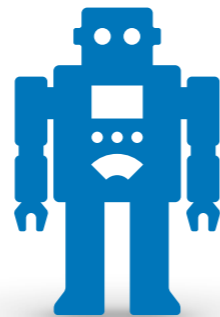
## Learn from your mistakes

Don't be too hard on yourself. You are learning and growing. Keep moving forward.



## Don't show off

Build up depth to your skills. Don't spend all your time just doing one thing well.



## Think for yourself

Don't be a robot and just do what everyone else is doing. Thinking for yourself helps develop your judgement.



## Be optimistic

Have a positive attitude, stick with what you are doing, get over your mistakes.



## Look for connections

No matter what you practice, it will relate to something else. Practice builds discipline which is needed for all that you do.